

# CLINICAL GEMS

## CPD PROGRAM

PATHWAYS TO MOBILITY

By a Clinician – for Clinicians  
Bronwyn Cooper & Dr Foot Solutions

12 Month Annual Subscription

**Only \$295 + GST**

Enrol anytime

# ENROL NOW



ENROL NOW

3<sup>rd</sup> Tues of month

6:30pm AEST

Library access

## REGISTER

### WHAT'S INCLUDED?

- ✓ Webinar x 12 & Library access
- ✓ Newsletter x 12
- ✓ Clinical Challenges Forum

### WHO SHOULD ATTEND?

All health professionals who treat weight bearing linkages.

If you are looking for alternatives to:

- Support / bracing the foot
- Steroid injections / Oral painkillers
- If you prescribe / advise footwear or prehab / rehab for surgery, this is for you!

By Australia's leading expert in clinical applications of footwear with a special interest in medical laser / PBM for healing injuries and pain.

### ABOUT BRONWYN COOPER

– Convenor of Pod Laser SIG, Pain Podiatrist, Clinical Consultant to Heal With Laser, Leading clinician in application of:

- Footwear as treatment
- De-orthoticising feet to strengthen & restore

**SPEAKER:** 2102 IVO International Medical Footwear Conference, through to centre stage at City2Surf Expo.

**INTERVIEWS:** Ch 9 News, 'The Australian', 'Good Health' and more...

**"EXCELLENT AND OUTSIDE THE SQUARE APPROACH"**

### EACH SESSION

#### FEATURES

- Application of high-power medical laser in a complex patient case
- Overview of 1 clinical condition/technique
- Tips 'N' Tricks e.g. KT for nocturnal cramps

**REGISTER:**

[www.drfootsolutions.com.au/cpd-program](http://www.drfootsolutions.com.au/cpd-program) or **CALL** 02 9181 2113



#### ORTHOSES

- Are customised/support orthotics the best option when over 300 pre-forms are available for clinicians use?
- What does the evidence show?



#### KNEE OA/ INJURY

- Which footwear offloads knee by up to 20% and increases knee muscle activity?
- What the compelling evidence says on Medical Laser / PBM for knee O/A



#### MORTON'S NEUROMA

- Have we 'medicalised' symptoms increasingly brought on by wrong sports shoe features?
- How do we deal with these challenges?



#### FOOTWEAR FOR DIABETES

- Is overly supporting and protecting the foot and oedema the best option?
- Could this approach be worsening loads at knees and hips, limiting these patients' mobility?

### WHOLESALE DISTRIBUTION OF FOOT STRENGTHENING PRODUCTS

- Foot strengthening orthotics – Barefoot Science neuromuscular / stimulate balance
- Toe Trainers – To develop/reclaim function



#### BAREFOOT SCIENCE

"The only orthotic you will need in Clinical, Telehealth, Domiciliary Practice... No more fit problems!"  
– Bronwyn Cooper

#### BAREFOOT SCIENCE

**\*INTRO OFFER VALUE \$200**

ORDER 10 pairs of BAREFOOT SCIENCE Receive 10 Pairs of TOE TRAINERS **BONUS\*** Valued at \$200 + FREE SHIPPING \*T&C applies

**Dr Foot Solutions**

"What a Relief!"

**BAREFOOTSCIENCE™**

stimulate | strengthen | rehabilitate



