

REHABILITATING FOOT MUSCLES SINCE 1992

BAREFOOTSCIENCE™

stimulate | strengthen | rehabilitate

The non-orthotic *alternative!*

STATING THE FACTS

FACT Shoe inserts or orthotics can be helpful as a short-term solution

FACT Any long-term solution for musculo skeletal issues must include progressive rehabilitation.

FACT Only Barefoot Science promotes proprioceptive stimulation for a long term solution in the following areas:

- Plantar Fasciitis
- Flat Feet
- Pain Management
- Injury Prevention
- Diabetes
- Sports Performance
- Balance & Stability

MEASURING THE FACTS

We all want measurable quantifiable data that leads to better prognosis and treatment. With the help of Noraxon's underfoot mapping, 2D video and surface EMG technology, we have been able to document pre-clinical results such as:

- 50% reduction in postural sway
- 50% increase in overall balance
- 36% reduction in plantar surface area
- Permanent realignment of ankle joints in 6 weeks
- Significant increase in both peroneous and Tibialis anterior muscles.

Lance Todd, CEO, Barefoot Science



When your
foot hits
the
ground,
everything
changes



I have been using BFS insole system in my Podiatry practice across all age groups and clinical conditions for over 2 years now, with outstanding results. It is one of the very important tools that allows me to "de-orthotice" feet and restore better gait patterns in almost all patients and fits in to the important philosophy of promoting good foot function.

Bronwyn Cooper
Podiatrist with better alternatives

Dr Foot Solutions
"What a Relief!"

Call us to learn more: + 61 2 **9181 2113**

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